



ACTIVITY SCHEDULE

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00am-8:00am Open Gym	6:00am-8:00am Open Gym	6:00am-8:00am Open Gym	6:00am-8:00am Open Gym	6:00am-8:00am Open Gym	8:00am-4:00pm Open Gym
8:30am-11:00am Pickleball	8:00am-10:00am Senior Basketball	8:30am-11:00am Pickleball	8:30am-11:00am Pickleball	8:00am-10:00am Senior Basketball	11:00am-12:00pm Yoga with Claire \$10 fee to Instructor
9:00am-10:00am Circuit Training with Gloria Mondragon	10:00am-11:15am Yoga with Claire \$10 fee to Instructor	9:00am-10:00am BOSU Ball Training with Gloria Mondragon	9:30am-10:30am Yoga with Claire \$10 fee to Instructor	9:30am-10:30am Chair Aerobics with Jennifer Bransford	
11:30am-4:00pm Open Gym	10:00am-4:00pm Open Gym	2:00pm-4:00pm Ping Pong	11:00am-12:00pm Circuit Training with Gloria Mondragon	10:00am-4:00pm Open Gym	
4:00PM-6:30PM Gym Rental	4:00PM-7:00PM Gym Rental	11:30am-4:00pm Open Gym	11:30am-4:00pm Open Gym	2:00pm-4:00pm Ping Pong	
6:30pm-8:00pm Open Gym	7:00pm-8:00pm Open Gym	4:00PM-6:30PM Gym Rental	4:00PM-6:30PM Gym Rental		
		6:30pm-8:00pm Open Gym	6:30pm-8:00pm Open Gym		
<div> <div>■ Gymnasium</div> <div>■ Community Room</div> </div>					



POOL SCHEDULE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	CLOSED	Lap Swim 6:00am-1:30pm Recreation Swim 9:00am-1:30pm	Lap Swim 6:00am-1:30pm Recreation Swim 9:00am-1:30pm	Lap Swim 6:00am-1:30pm Recreation Swim 9:00am-1:30pm	Lap Swim 6:00am-1:30pm Recreation Swim 9:00am-1:30pm	Lap Swim 8:30am-3:45pm Recreation Swim 11:00am-3:45pm

*Schedule is subject to change based on lifeguard availability